Producing Excellent Students

Student of the Week

This week’s student of the week is a great team player who always makes a positive contribution in class.

He can be trusted to carry out any given task to the best of his ability and always displays our three key values of respect, responsibility and integrity.

He has been a kind, caring Kinder buddy and a keen reader to the preschool children. He has represented the school in soccer and cross country. He is a keen surfer and skater and rides his scooter often. He is very artistic and was part of the Art Smart group this year. He is an excellent big brother. Congratulations Christian Tallis.

Honour Student
Roberto Pennington

High Distinction
Coen Acret

NSW University Competition - Mathematics

What’s Coming Up!

<table>
<thead>
<tr>
<th>Term 4</th>
<th>Week 3</th>
<th>24 Oct</th>
<th>Year 6 returns @ 6am. Please be here by 5.45am</th>
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<tbody>
<tr>
<td></td>
<td>Week 5</td>
<td>4 Nov</td>
<td>Kinder Orientation – 10 – 11.00am</td>
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<td></td>
<td>5 Nov</td>
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<td>SRC Fundraiser – Colour Clash</td>
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<tr>
<td>Week 6</td>
<td>11 Nov</td>
<td></td>
<td>Kinder Orientation – 10 - 11.30am</td>
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<td>Parent Meeting</td>
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<tr>
<td>Week 7</td>
<td>18 Nov</td>
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<td>Kinder Orientation – 10 – 12noon</td>
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<td></td>
<td>Lunch with Buddies</td>
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<tr>
<td>Week 8</td>
<td>24-5 Dec</td>
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<td>Intensive Swimming &amp; Learn to Swim</td>
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Weekly Achievement Awards

| Harry Hawley | KL | Angus Baker | K/1N |
| Ruuben Baker | KH | Kaelle Berle | 1CT |
| Mark Scopesi | 1/2M | Declan Hawley | 2W |
| Tom Anderson | 2/3C | Lily Boyd | 3A |
| Siobhan Kelly | 3/4K | Zac Gilmore | 4J |
| Caelin Zavattaro-Lucey | 5/6M | Abbi Tippett | 5/6S |
| Malia Colpus | Library | Polo Baker | 5/6L |
From the Principal’s Desk

Well the weeks are certainly flying by; Christmas will be here before we know it! Firstly I would like to say a huge thank-you to Gemma Newey and the wonderful P and C committee and members. With their wonderful organisation and, of course help from our parent community, they managed to co-ordinate an excellent Spring Fair. Something of this nature does not just come together on the day. It takes months of planning by many people, so thank-you wholeheartedly for your ongoing commitment and enthusiasm to fundraising for our school; it is greatly appreciated by the whole school community.

Secondly our Year 6 pupils are currently enjoying their time away on their excursion to Canberra and Sydney. From the reports we have received they are all having a fantastic time, so no doubt they will come home with lots of stories to share. At this stage they are due to return to school at 6am on Friday morning. It is a good idea to arrive a little earlier, as they are always exhausted when they get back and are keen to head home for a shower and a sleep! If for some reason they are going to be delayed, an announcement will be put onto School stream.

Speaking of which, it appears that not everyone has downloaded the School Stream App. In an effort to reduce our paper output, the majority of our notices are now being delivered through this medium. If you need more information on how to access this app, please contact our friendly office staff and they can assist you further.

Kind regards
Mrs Langfield

Thought for the week
Please be kind to one another.

Recognising Student Achievements

Gold Cards

Oliver Bieniawski
Dylan Binder
Shay Buffery
Oliver Falzon
Asher Morris
Ryan Kernaghan x 2
Jayden-Lee Nitschke

Clay Atkins
Grace Miller
Alexander Miller
Brayden Kernaghan x 2
Alani Adamson
Ella-Jean Cutts

Congratulations on being great role models.

Teaching Respect and Responsibility

The Bear Award is given to the class that demonstrates the best listening and participation skills during the weekly assembly.

Week: 2 Class: KH Well done

Music

Well done and thank you to all our band members who performed at Lennox Head Public School Spring Fair on October 16.

Don’t forget our next performance is at Teven Tintenbar Public School Public School Country Fair on Saturday November 1st. Junior Band is playing at 12.30pm and the Senior Band at 1pm. We ask all students be ready, dressed in band uniform and with their instrument, 15 minutes before they perform.

Mark Whitney and Fiona Clarke

Fitness Improves Academic Performance

Another study (in January 2014 Journal of Adolescent Health “The Effects of Changes in Physical Fitness on Academic Performance Among New York City Youth”) has found that being fit improves school performance. For both boys and girls a substantial increase in fitness from the previous year resulted in a greater increase in academic ranking while a decrease in fitness was associated with a decrease in academic scores.

Physical activity doesn’t all have to happen at the one time. It can be accumulated throughout the day; by walking or riding to and from school, being involved in activities at school, active play at home or taking part in organised sport after school and on weekends.

How to help kids be more active
• Encourage kids and teens to try different sports or activities so they can find one or more that they really enjoy and want to continue with.
• Start slowly and build up the amount of physical activity that your children do, particularly if they haven’t previously been very active.

The S.R.C. will be holding their last fundraiser for the year on Wednesday 5 November. This is to raise money for Dy the Cambodian boy Lennox Head Public School sponsors.

Theme: Colour Clash.

Please donate $2 to a great program.
Spring Fair

What a great afternoon at the Spring Fair! We were so lucky to have such beautiful weather. It was wonderful to see so many people pitching in to help run the fair and to see all the happy faces. Thank you very much to everyone who worked together to make the Spring Fair so successful and so much fun.

I would like to sincerely thank our sponsors for their generous donations:

- Lennox Gelato & Coffee Co
- Classic Colour Studios
- Icon Ballina
- Mi Thai
- Small Talk Communications
- Lennox Bookmark
- Lennox Hotel
- Macadamia Castle
- Lennox Head Pharmacy
- Bunnings
- Crossfit Ballina
- Ijsigns
- North Coast Timber
- Ace Body Corporate Management
- Jen Banks Jewellery
- Choux Choux Pattiserie
- Country Women's Association
- Lions
- Melinda Campbell
- Michelle Gilmore
- Christie Gordon

Thank you so much to all of the parents and teachers who worked at the fair, some were there all afternoon, working at stalls and supervising children, and it is greatly appreciated.

Special thanks also go to:

- The class parents who organised and rostered a stall each, all of the stalls looked amazing.
- Mark Whitney and Bryan Lyndon who helped set up, compere, and pack up. I think you've done this before!
- Vinnie Rhodes for helping set up and connecting all the power.
- Brett Asser who spent the afternoon tirelessly cooking 600 satays. 700 next time!
- Sue Tatum and Annie Lewis for their delicious satay sauce. Can I have the recipe?
- Bronwyn Thirkell and Ange Flanagan, what a great job organising all the prepaid rides passes.
- Phillip Wright, Katie Rhodes and Kerren Kernaghan for organising the floats and looking after the money. Phil was everywhere, setting up at 8am, counting money at 8pm!
- Lennox Head Community Preschool for setting up activities for the littlies.
- Trenna Gillott who did too many jobs to mention and without whom I wouldn't have had any idea how to coordinate a fair!

Last but not least I would like to thank all of the wonderful kids who came and enjoyed themselves, asked their parents for more money, and behaved so beautifully all afternoon.

Thanks everyone for a great day.
Gemma Newey

Group Photos

Group photos are now on display on the window of 5/6L classroom. They can be ordered by collecting an envelope at the front office at a cost of $10.00 per photo.

Primary ETHICS - Just think about it

Volunteer needed for ethics Classes

Do you like getting kids talking and listening to their opinions? Are you open-minded and love questioning the trickier issues in life? Are you waiting for an opportunity to volunteer your skills and contribute to the school community?

If yes then please consider applying to be a volunteer teacher for Ethics classes. If you've worked with groups or young children before, or have a degree in a relevant field, or are a teacher - Primary ethics needs you to help deliver ethics classes to students at Lennox Head Public School. It involves 2 days of a one off training course on a weekend, a commitment to teach 30 minutes each Thursday of the school term and the curriculum is provided (prep time is needed). Interested?........

Visit www.primaryethics.com.au for more information or contact Ethics co-ordinator for Lennox P & C member Chantelle Walshaw mcwals@bigpond.net.au or 041 4653 454

LOST

One blue racing bike last seen side entrance of school, last Tuesday afternoon. If found please contact the front office.
Community Announcements

Byron Bay Junior Basketball Summer 15
All Junior Competitions for the summer are commencing over the next 2 weeks.
MUSTERS if looking for Teams, 10.30am Saturday and 5.30pm Wednesday @ BRSCC
MINIBALL (8-12yr olds) Tuesdays 4-5pm @ BRSCC
For more information www.byronbasketball.com or ph; 66872246 a/hrs, e-mail, info@byronbasketball.com

Kingscliff Triathlon
The Kingy Tri will be held on the 23rd of November and consists of two divisions:

- Juniors (7-9 years) $42 per entry - 100m Swim, 3km Ride, 500m Run
- Big Kids (10-12 years) $47 per entry - 200m Swim, 6km Ride, 1km Run

It is our aim to get more kids involved in this fun event that promotes participation and being active. As such, we are hoping that schools around the Kingscliff area will help us to promote the event.

Come on a Great Family Adventure in Nepal
Easter School Holidays: 2nd April – 18th April 2015
- Trek in stunning mountain scenery
- Enjoy as a family the simplicity of life in the Himalayas
- Experience our education projects first hand
- Have fun in the beautiful lakeside town of Pokhara
- Join the amazing activities on offer at an adventure resort close to the Tibetan border
- Relax in luxury hotels mixed with the authentic experience of off the beaten track Nepali villages
Join this incredible 15 day tour co-ordinated by the directors of the charity First Steps Himalaya
www.greatadventures@firststeps.himalaya.org
Email: greatadventures@firststeps.himalaya.org
Ph: (03) 5451903

Our healthy canteen

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<tr>
<th>COMMENCE</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tr>
<td>20 Oct</td>
<td>Allison</td>
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<td>Bob</td>
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<td>Kaylah</td>
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<tr>
<td>27 Oct</td>
<td>Sonja</td>
<td>Sue Whalley</td>
<td>Christie</td>
<td>Bob</td>
<td>Michelle, Annie, Gemma</td>
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<td>Kaylah</td>
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Thank you, Sue Tatum Ph: 66877141