LENNOX HEAD PUBLIC SCHOOL
A dynamic and caring learning community

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THURSDAY 30 OCTOBER 2014

What’s Coming Up!

Term 4

Week 5
4 Nov Kinder Orientation – 10 – 11.00am
5 Nov SRC Fundraiser – Colour Clash

Week 6
11 Nov Kinder Orientation – 10 - 11.30am
11 Nov Parent Meeting

Week 7
18 Nov Kinder Orientation – 10 – 12noon
Lunch with Buddies

Week 8/9
24-5 Dec Intensive Swimming & Learn to Swim
4 Dec P & C Gingerbread House Evening

Weekly Achievement Awards

Ocea Curtis KL Zane Dixon K/1N
Joe Anderson KH Drae Brain 1CT
Sunny Berger 1/2M Amelia Oldfield 2W
Niamh Sharpe 2/3C Mataya Chinnery 3A
Charlotte Crocker-Bell 3/4K Mitchell Preston 4J
Zoey Cutts 5/6M Angus Baker 5/6S
Jackson Priest Library

ISSUE 4 TERM 4

Producing Excellent Students

Student of the Week

Our student of the week is a caring friend who is always
seen with a smile on her face. She is an excellent role model
to younger students and is well respected by staff and
students. She has a loving nature and is always kind and
polite. She works hard in class and always produces her best
work. She has participated in the Premier’s Reading
Challenge and is always a willing participant at all school
events.

She always displays our three key values of Respect,
Responsibility and Integrity.

Congratulations Summa Collins

Honour Student
Clay Atkins

SRC Fundraising

The S.R.C. will be holding their last
fundraiser for the year on Wednesday
5 November. This is to raise money for
Dy the Cambodian boy Lennox Head
Public School sponsors.

Theme: Colour Clash.
Please donate $2 to a great program.

Member of “From the Plateau to the Sea” Learning Community – A group of remarkable schools
From the Principal’s Desk

I would like to advise you all that after 35 years of teaching I have decided to take extended leave from my Principal position at Lennox Head Public School to spend more time with my family, ride motor bikes, fish, bushwalk and travel. I will be taking this leave from the 10th of November.

Mrs Langfield will be relieving Principal in my absence whom I’m sure will do an excellent job at leading and managing the school. Miss Paris Bradfield will be teaching KL until the end of the year.

I would like to thank everyone for their involvement and commitment at our school, our hard working P&C, the many parent volunteers and especially the dedicated hard working teachers who care about our school and children, who put in much of their personal time and effort because they care. They do this without accolades or applause and in most cases would feel embarrassed if you made a big deal out of it. We can confidently say, as a school community, we have provided the best possible experiences and outcomes for our young people.

Furthermore, I would like to wish everyone well in what always becomes a hectic time in the lead up to the festive season. I’d especially like to wish our current Year 6 pupils all the best for their future schooling years as they move onto high school. I am sure in the future we will hear great things about you.

No doubt I will still see many of you at local community events as my wife and I will continue to live and enjoy life in beautiful Lennox Head I can’t think of any other place we would rather live. So, thank you all for you’re support over the past five years all the best in the future,

Ron Ritchie.

Thought for the week

Poverty is a national waste as well as individual waste. We are all diminished when any of us are denied proper education. The nation is the poorer – a poorer economy, a poorer civilisation, because of this human and national waste.

Gough Whitlam’s 1969 election pitch for equal access to education.

Ask WHAT When Kids Act Up

by Michael Grose Parenting Ideas

‘WHY.............?’
‘Why on earth did you do that?’
Most of us have said this to our kids at some stage. They hurt a sibling and we say, ‘Why?’
They argue and fight at the meal table and we say, ‘Why?’
They deliberately come home from an outing later than agreed and we say, ‘Why?’
This is a natural reaction. But often kids can’t articulate why they have done the wrong thing. Boys, in particular, will usually reply, ‘I dunno.’ They know something isn’t right, but articulating it is another matter.

Besides, asking WHY is pointless.
Even if they give you a reason for their poor behaviour (‘cos she hit me first’, ‘I’m not hungry anyway’, ‘I was late because I lost track of time’) where do you go to from there?

Asking WHY when kids misbehave generally closes down a conversation and puts them on the defensive. There’s a better question to ask when kids behave poorly. Ask a question beginning with ‘WHAT?’

Okay, your first reaction to misbehaviour maybe ‘What the.....’ but hold that thought in. Better to ask questions such as:

- WHAT were you thinking when you hurt your sister?
- WHAT were you doing when you decided to stay out late?
- WHAT was happening when you argued with your friend?
- WHAT should you have done when you didn’t want to eat and decided to annoy your sister?
- WHAT will you do next time when you feel like acting like that?
- WHAT do you think your brother meant when he said that you were......?
- WHAT will you do now to make it up to your brother?

These types of questions are reflective and restorative. They require children to reflect on their thinking, their behaviour and the situation at hand. This opens up conversations that lead to learning.

Effective discipline helps children learn better ways of behaving. Some of the questions lead children to the important aspect of repairing or restoring relationships they may have damaged through their behaviour and so take some responsibility for the way they acted. Taking responsibility and making amends is another vital aspect of discipline.

Importantly, asking what? when kids’ misbehaviour impacts on others leads them further down the road from self interest to social interest, where they consider the well-being of others. It’s also in line with the types of questions teachers are asking your children when their behaviour adversely affects others.

Recognising Student Achievements

Gold Cards
Jai Rowan  Kye Walker
Taj Thompson  Rio Jones
Indianna Wittleton  Ben young
Noah McIntosh  Xavier Wood
Jamilah Bikomon  Drae Brain
Charlotte Cole  Eva
Lilah McCaffery  Ashton Jeffrey
Nick Wells  Jett Beck
Havana Weir  Astrid Lacey x 2
Callum Summerfield  Ruby Jones
Tama Rough  Tom Sinanovski
Taylah Ledingham  Amalia Cook
Josh Young  Kate Reka
Oliver Schirmer x 2  Jesse Allen
Three Respects in Action – Dolphin Slips
Dolphin slips are given to children for demonstrating the three Key Values of Respect, Responsibility and Integrity in the playground. Draws are made each week from the Dolphin Slip box. Each child receives a canteen voucher.

Zoe Marr        Ainais Stone
Emma Flanagan   Jacob Neto

Congratulations on being great role models.

Teaching Respect and Responsibility
The Bear Award is given to the class that demonstrates the best listening and participation skills during the weekly assembly.

Week: 3  Class: KL  Well done

Music

Don’t forget our next performance is at Teven Tintenbar Public School Public School Country Fair this Saturday 1 November.

Junior Band is playing at 12.30pm and the Senior Band at 1pm. We ask all students be ready, dressed in band uniform and with their instrument, 15 minutes before they perform. If warm students may wear black shorts.

Mark Whitney and Fiona Clarke

LIBRARY

Overdue Notes

Overdue notes were sent to classes yesterday. Please check with your child if they have an outstanding book as all books need to be back by Friday week 6. If the book is lost please replace or pay the outstanding amount at the office.

Donations

Thank you to Harrison Guy for donating educational dvds to the library and Elijah an Aramaeia Moore for donating books to the library.

Stocktake

All children must have books returned by FRIDAY 28 November.

Group Photos

Group photos are now on display on the window of 5/6L classroom. They can be ordered by collecting an envelope at the front office at a cost of $10.00 per photo.

Which is healthier: Fresh, Frozen or Canned vegetables?
Buying your fresh vegetables in season means they are at their peak nutritional value and at their cheapest. It’s important that they ARE fresh, though, because as the time they are stored increases, their nutrients decrease.

Frozen vegetables have their nutrients locked in by the freezing process shortly after gathering, so they are a good option: steam or microwave in a little water for best results. Canned vegetables are a little less nutritious as the canning process affects heat sensitive vitamins EXCEPT for canned tomatoes where the antioxidants are made more available by the heat! Remember when using canned vegetables to get the low salt varieties.

Whichever you use it’s great that you’re getting the important five serves a day for your family!

P & C News

On behalf of the P & C a BIG HUGE THANK YOU to Gemma for co-ordinating such a wonderful fair. We don’t have definite numbers yet buy it looks like we made around $10 000 for the school.

Well its getting close to that time of the year again – yes I’m talking about xmas and we are doing our Gingerbread Houses again this year, so lock in Thursday 4 December to come along and make one of these delicious treats. They make a wonderful gift. More information will be given about this next week.

We are looking for a volunteer to take over running this project next year as this year will be Sandra’s last. If you are interested please contact myself on 0431 634 313.

And one final note – on behalf of all the students and parents at Lennox Head Public School I would like to wish Mr Ritchie all the best for his up and coming leave.

Enjoy…………

Kerren Kernaghan
P & C President

VALUE OF WEEK 5

Respect in all Settings
Follow teacher instructions without question
Primary ETHICS - Just think about it

Volunteer needed for ethics Classes
Do you like getting kids talking and listening to their opinions? Are you open-minded and love questioning the trickier issues in life? Are you waiting for an opportunity to volunteer your skills and contribute to the school community?

If yes then please consider applying to be a volunteer teacher for Ethics classes. If you’ve worked with groups or young children before, or have a degree in a relevant field, or are a teacher - Primary ethics needs you to help deliver ethics classes to students at Lennox Head Public School. It involves 2 days of a one off training course on a weekend, a commitment to teach 30 minutes each Thursday of the school term and the curriculum is provided (prep time is needed). Interested?........

Visit www.primaryethics.com.au for more information or contact Ethics co-ordinator for Lennox P & C member Chantelle Walshaw mcwals@bigpond.net.au or 041 4653 454

Community Announcements

Ballina Cinema Under the Stars 7th of Nov
The Newcastle Permanent Building Society Ballina is holding its annual “Cinema Under the Stars” at Missingham Park Ballina, Friday the 7th of November. This is a free fun family event and we would like to invite everyone to come along and enjoy the evening. The movie that will be screening is “Frozen” There will also be entertainment and activities for the kids. Gates open from 5:30. For further information please follow the link www.newcastlepermanent.com.au/cinema

Year 6 Sydney / Canberra Excursion

Our healthy canteen

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Thank you, Sue Tatum Ph: 66877141