Proving Excellent Students

Student of the Week

Our student of the week is a polite and helpful member of the school who displays our three key values of Respect, Responsibility and Integrity.

Sean is a wonderful peer support leader and is always helpful in the playground. He is an excellent friend to his Kindergarten buddy and has completed the Premier's Reading Challenge twice.

In class he completes his work to the best of his ability and is always willing to lend a helping hand.

Congratulations Sean Hartley.

Merit Student
Kurt Watson

Honour Student
Jedd Windle
When things go wrong at school
by Michael Grose – Parenting ideas

Your approach as a parent when your child has difficulty at school makes a huge difference to their resilience, and their future relationships with teachers and peers.

Every parent wants the best for their children, and that includes having great experiences at school. By and large, schools deliver on these expectations. They are generally safe places for kids, staffed by hard-working teachers who have the best interests of their students at heart. Achievement, discipline and student well-being are high on the list of priorities for most teachers.

Despite best teaching practice things do go wrong at school. Most kids experience learning difficulties from time to time. Conflict and peer rejection are a normal part of school-life. The developmental nature of childhood means that there will always be some turbulence, particularly around key transition ages, such as the start of adolescence. During these times young people frequently experience a dip in their learning as well as significant relationship difficulties. Kids will often come home from school with grievances, and call on their parents for assistance.

Your approach as a parent when your child has difficulty at school makes a huge difference to their resilience, and their future relationships with teachers and peers. Anecdotal evidence suggests that there’s been a significant increase in aggressive incidents at schools involving parents reacting to their children’s grievances. This not only presents a danger to teachers but harms the all-important teacher-parent relationship. Here’s a six point checklist to help you stay focused and be effective if your child experiences difficulty at school.

1. **Stay calm and rational**
   It’s natural as a parent to protect, or defend your children, particularly when you think that they’ve come in for some unfair or poor treatment. But acting when you are full of emotion is not always smart. Rather than getting on the phone straight away to organise a meeting at school, take your time to think through how you might assist your child.

2. **Get all the facts**
   Once you’ve calmed down, then get the facts about the situation. Kids are faulty observers and often only see one side of a story when there’s a problem with a teacher or a fellow student. They sometimes can’t see that perhaps they may have contributed inadvertently to a dispute at school, or perhaps said something that may have upset a teacher. It’s the job of parents to help kids process what happens in an incident, so that all the facts emerge and understand their place in any problem. Ask good questions to help the full story emerge.

3. **Assess whether to go to school or not**
   Kids, like adults, like to vent and will benefit from having told their side of a story to a trusted source. Often problems can be dealt with at home, simply by talking through an issue, and giving kids some common sense tips to help them cope. If your child has a recurring problem that he can’t solve himself, or you think adult intervention maybe needed to sort out a relationship issue with a teacher or peer, then consider meeting with your child’s teacher or year level coordinator.

4. **Go through the right channels**
   Approach the school calmly, going through the school office, or directly to your child’s teacher if that is the usual protocol. If you have already established a relationship with the teacher concerned, then it’s often easier to approach them directly.

5. **Look for solutions rather than blame**
   Parent-teacher meetings usually get nowhere when either party blames the other. State the problem as you see it and view your child’s teacher as an ally, not a foe. “I’m really worried about Jeremy. He’s been acting strangely lately and I need some help” is the type of approach that will elicit a helpful response. Talk about your concerns and keep the discussion focused firmly on what’s best for your child. Listen to your teacher’s viewpoint, valuing a different perspective.

6. **Stay in touch**
   Be realistic with your expectations, remembering that some problems can’t be solved to your satisfaction, nor will they be resolved straight away. Be prepared to work alongside your child’s teacher over the long-term, which means you need to keep communicating with each other. Parenting is easy when things are going well, but testing when your children struggle or experience difficulty. Stepping back and taking a long-term, reflective view is often the best approach when your child experiences difficulty at school.

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**Recognising Student Achievements**

**Gold Cards**

| Nathanael Kelly | Amelia Walker |
| Jack Moyle | Zoe Marr |
| Oden Wauchope | Taj Fensom |
| Elijah Nancarrow x 2 | Jules Lacy |
| Kurt Watson | Isabelle Schubert |
| Chloe Thirkell | Milly Titjen |
| Oskah Edwards | Olivia Rose |
| Ocea Curtis | Maverick Ransom |
| Quinn | Reuben Hardy |
| Jamilah Bikoumou | Jade Roberts |
| Isabella Sinanovski | Etienne Cornu |
| Tom Sinanovski | Ajandri Kelly |

**Three Respects in Action – Dolphin Slips**

Dolphin slips are given to children for demonstrating the three Key Values of Respect, Responsibility and Integrity in the playground. Draws are made each week from the Dolphin Slip box. Each child receives a canteen voucher.

| Luca Barriskill | Ocea Curtis |
| Chaise Windle | Astrid Lacey |

Congratulations on being great role models.

**Teaching Respect and Responsibility**

The Bear Award is given to the class that demonstrates the best listening and participation skills during the weekly assembly.

Week: 3  Class: 3/4K  Well done
Sports Bits

Athletics Champions
Congratulations to the following champions and the winning house – Ainsworth

<table>
<thead>
<tr>
<th>Champion</th>
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<tr>
<td>8 years</td>
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<tr>
<td>Josh Young</td>
<td>Jack Montgomery</td>
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<td>Havana Weir &amp; Sophie Gaskell</td>
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<td>Beau Jordan</td>
<td>Tommy Anderson</td>
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<td>Ameika Minahan</td>
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<td>Jacob Lester</td>
<td>Ryan Kernaghan</td>
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<td>Brianna Watkins</td>
<td>Essie Lees</td>
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<td>11 years</td>
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<tr>
<td>Ben Moyle</td>
<td>Syl de Wit</td>
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<td>Nxxie Ryan</td>
<td>Abbi Tippett</td>
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<td>12 years</td>
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<tr>
<td>Tim Unsworth</td>
<td>Nathan Mackenzie</td>
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<tr>
<td>Renee Bolger</td>
<td>Kobi Curtis</td>
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Netball
Lennox Head PS netball team travelled to Arkinstall Park yesterday to play Banora Point PS. The team was very excited to make it to the fifth round of the PSSA knockout. Banora Point got off to a very strong start, showing that they were going to be a competitive team.

Lennox Head were slow to score their first goal but eventually settled into the game. Banora Point had established quite a lead and although Lennox Head were playing well they were unable to catch up.

The final score was 25-7. All the girls should be proud of their efforts and are congratulated on their sportsmanship. A special thank you to the parents who provided travel to the games.

PSSA Rugby League
Congratulations on the boys getting to round 5 of the PSSA Rugby League. Unfortunately Lennox Head Public School lost to Terranora Public School 20-10.

All the boys played extremely well as a team, defending strongly and precise in attack. They would like to thank Mr Ritchie, Mr Lennon and Mr Asser for all their help throughout the games.

Online Cyber Safety
Our School will be hosting a ThinkUKnow presentation on Thursday 28 August 2014 at 6pm in the Library. All parents, carers and teachers are encouraged to attend. This presentation will cover topics such as how young people are using technology to have fun, online grooming, cyber-bullying, inappropriate content and e-security.

The parents, carers and teachers’ session includes short videos and real life case studies. Fact sheets on the issues outlined above will also be provided and can be downloaded from the ThinkUKnow website, www.thinkuknow.org.au.

The presentation is tailored for the adult audience and we ask that young people are not present.

Library Events

Book Fair
Thank you to Trenna Gillott for supporting our book fair with book worms and markers. Also thank you to ruby and Oliver Falzon for donating a book from the Book Fair to our school. Our school received 30% of all sales so we were able to select $840 worth of books for the children. Well done and thank you for supporting our school.

Book Parade
Book Parade is on Wednesday 20 August commencing at 10am and the order of the parade for classes will be 5/6M, 2W, 3/4K, K/1N, 1CT, 5/6S, KL, 4J, KH, 1/2M, 2/3C, 3A, 5/6L. Hopefully this is of some help to parents if they can only pop in for their child’s parade.

All children come to school dressed up as their favourite character from a book. If you could write the name of the character and book on a A4 piece of paper so children can hold this as they parade around and everyone knows who they are.

There will be a lucky draw for each class. They will be entered in the draw if they come dressed for the parade.

Premiers Reading Challenge
All forms are to be handed in to Mrs Blair by Wednesday Week 7, 27 August. Thank you

Radio Presenters
Two students from 5/6S, Hazel Rogers and Flynn Bosselmann visited Paradise FM recently to participate in a live to air radio broadcast as part of ‘The Schools in Focus’ program. The students enjoyed a tour of the radio station and the DJ booth before speaking on live radio.

Hazel talked about the recent Coastal Kids concert and the Opera House trip, while Flynn answered questions about the Athletics Carnival and the Year 6 excursion to Sydney/Canberra, which will take place later this year. Both Hazel and Flynn did a fabulous job of promoting Lennox Head Public School, well done! Mrs Thomas

Public Speaking Success
Congratulations to Ryan Kernaghan and Coen Acret who both participated in the Multicultural Perspectives Public Speaking Competition recently at Mullumbimby Public School. Both students were confident and fabulous on stage. Ryan actually placed 2nd and Coen was highly praised for his first time effort.

Both boys were also called upon again last week to present their speeches at Ballina Fair shopping
centre as part of Public Education week. Once again, Ryan and Coen both did a fantastic job of promoting Lennox Head Public School in a public arena. Well done to both students. Mrs Thomas

Musical Notes

North Coast Creative Arts Camp
Creative Arts Camp was so much fun. I played in concert band and we learnt a lot of new songs.

We slept in lodges overnight and we stayed up very late. We had electives to choose from and I choose Rock Band. Rock Band was really fun. We played awesome music and songs I’d never heard before.

After electives, we did group activities such as rock climbing, bike riding, archery and canoeing. The food was nice and dessert was even better. Night activities are involved heaps of interesting games. Some games involved two people and some games needed ten. I made lots of new friends.

At the concert we got to show our parents everything we had learnt. It was an amazing experience.
By Bryn Walshaw

Town and Gown Art Exhibition
The successful Town and Gown Art Exhibition presented by the Lions Club of Lennox Head will once again be held from Friday 15 August to Sunday 17 August in the Lennox Head School hall. The L.S.T.T senior band will open the exhibition with a performance at 5:30pm.

There will be artwork for sale by local artists, as well as student artwork from Lennox Head Public School. The student art will be up for auction and silent bids may be placed.

Families are welcome from 3:30pm-5:00pm on the Friday afternoon to view the exhibition and purchase artworks. Refreshments will be available for sale from the P and C and entry will be a gold coin donation.

On Friday evening it is adult only entry and a door charge of $5 with cheese and wine. Families are also welcome throughout the day on both Saturday 16 and Sunday 17 August from 10:00am until 4:00pm. Entry is again a gold coin donation. Come along, we’d love to see you.

P&C Items
Reminder our next P & C meeting is to be held on Tuesday 12 August 2014 at Club Lennox. Everyone welcome. Would love to see some new faces.

Spring Fair
This year the Spring Fair will be held on Thursday 16 October. We are running a competition to find a great poster for this year’s Spring Fair.

The poster should be one A4 size page containing the following information: LENNOX HEAD PUBLIC SCHOOL, SPRING FAIR, THURSDAY 16TH OCT.

One poster will be chosen to be distributed around town advertising the fair. The creator of this poster will also receive a $20 In The Pink voucher. All other posters will be displayed at the fair.

Please also include your name and class on the back. I look forward to seeing all your artwork!
Gemma Newey - Spring Fair Co-ordinator

Chopper Day
Last week the SRC raised $351.00 for the Westpac helicopter. It was great to see everyone get dressed for our red and yellow madness day. We really appreciate the support from our Lennox Head Public School community. Watch out for our next fundraiser.
By Flynn Whitney

Water
• About two thirds of our body is water
• It carries food around our body
  • It carries away waste
• It keeps our temperature steady

Drink plenty of clean, plain water: it is THE thirst quencher!

Our healthy canteen

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<tr>
<th>COMMENCE</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<td>Jeanette</td>
<td>Kylie</td>
<td>Julie</td>
<td>Bob</td>
<td>Mam, Kaylah</td>
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<td>18 Aug</td>
<td>Allison</td>
<td>Sandra</td>
<td>Christie</td>
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<td>Michelle, Annie, Gemma</td>
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Thank you, Sue Tatum Ph: 66877141