THURSDAY 29 OCTOBER 2015

What's Coming Up!

Term 4
Week 4
30 Oct Yr 6 Exc Return 6.00am

Week 5
3 Nov Kinder Orientation Day 10.00am

Week 6
10 Nov Kinder Orientation Day 10.00am

Week 7
17 Nov Kinder Orientation Day 10.00am
20 Nov P & C Fundraiser – Walkathon

Week 8
23 Nov – 4 Dec Learn to Swim K – Year 1
Intensive Swimming Year 2 - 6

Producing Excellent Students

Student of the Week

Our student of the week is an energetic and polite member of the school who always displays our three key values of respect, responsibility and integrity.

He is a wonderful role model for kindergarten students and is always helpful in the playground. He is a great reader to the preschool children and has completed the Premiers Reading Challenge five times.

He is always a fair team player and has been part of Lennox Head Public School’s touch, soccer and rugby league teams.

Congratulations Mason Massie

Weekly Achievement Awards

Alby Shearer      KC  Nate Dixon      KT
Aija Harding-Francis KJ  Joe Anderson     1CD
Matthew Acret    1W  Sara Ryden       2M
Quinn Edwards    2N  Nick Wells       2/3Z
Coen Star        3A  Ruby Jones       3/4J
Joshua Godward   4S  Kurt Watson      4/5L
Zeb de Plater    5/6A Dusty Gillott   6R
Syl de Wit        Library Hannah Kernaghan IT
                        Sonny Orphanos IT

Honour Awards Jacob Neto and Ruby Jones

Merit Awards Gus Clarke, Alani Adamson, Lachlan Miller and Mason Massie.
From the Principal's Desk

Early tomorrow morning we will welcome back our Year 6 students and their teachers. From all reports I have received this week they have all had a fantastic time and Miss Atkins, Miss Rollison and Mr Lennon have enjoyed their time away with such an enthusiastic group. At this stage the bus will be returning on time at 6am tomorrow morning. If there happens to be a change to this time you will be notified via School Stream. A reminder that Year 6 children who attended the excursion do not attend school tomorrow. They are given the day off to rest and relax after their very long week. We will no doubt hear all of their exciting stories next week.

SchoolStream – if you have not yet downloaded this fantastic APP that we have been using all year, you are missing out on many school notices. As we endeavour to save on paper and printing costs most information is now being delivered via this medium. If you don’t have the APP you are missing out on vital school information. It is a free download. If you are unsure how to access the APP please call into the office for an information sheet.

Next Tuesday we will welcome to the school our Kinder students and their parents for the first of their orientation visits for the 2016 school year. They will then visit us again on the 10th and 17th of November. I am looking forward to welcoming our new Kinder students next week. If you see them around our fantastic school, please make sure that you say hello and make them feel welcome.

Here is hoping the warmer weather returns for the weekend, and for those of you rugby tragics such as myself, one more early start on Sunday morning to hopefully watch the Wallabies defeat the All Blacks!

Have a great weekend
Deb Langfield

Thought for the week
"If you can dream it you can do it" Walt Disney

Recognising Student Achievements

Gold Cards – Week 3

Avah Orphanos
Campbell Ross x 2
Kobi McCombie x 2
Masson Massie
Xavier Amato
Jarvis King
Cooper Adamson
Austin Quinn
Marley Kreemla
Portia Johannes x 2
Charlotte Cole

Jasper Duverge
Tim de Wit x 3
Russell Asser
Flynn Duverge
Blake Wells
Hannah Kernaghan
Murphy Harper
Alice Floyd
Oskah Edwards
Clem Harrison
Clay Atkins

Three Respects in Action – Dolphin Slips

Dolphin slips are given to children for demonstrating the three Key Values of Respect, Responsibility and Integrity in the playground. Draws are made each week from the Dolphin Slip box. Each child receives a canteen voucher.

Jess Harper Ashlee Wells
Felix Fraser Ohtis Edwards

Congratulations on being great role models.

Teaching Respect and Responsibility

The Bear Award is given to the class that demonstrates the best listening and participation skills during the weekly assembly.

Week: 3 Class: 4S Well done

Library News

CWA Prize Winners

Section One – Kindergarten
1st Marley Kreemla 2nd Spencer Connors
3rd Kobi Cook

Highly Commended – Myles Jensen, Bailey Abbott, Banjo Newton-Meehan, Mary-Jane Birnie, Coco Beck

Section Two
1st Harrison Guy
2nd Will Schaefer & Sophie Ranyard

Section Three
1st Taylah Ledingham 2nd Rhett Walshaw

Commendation – Brontë Walker
Canteen News

What Is Fresh Tastes?
Our school implements the Fresh Tastes @ School NSW Healthy School Canteen Strategy, which means our canteen has guidelines to follow when designing the menu. Fresh Tastes @ School uses a coloured spectrum to categorise food based on nutritional value:

GREEN: these foods are a good source of nutrients and contain less saturated fat, sugar, salt and excessive kilojoules so fill the menu with these foods.

AMBER: these foods have some nutritional value, moderate levels of saturated fat, added sugar and salt so select these foods carefully, avoid large portion sizes and don't allow them to dominate the menu.

RED: have little to no nutritional value and are high in saturated fat, added sugar, salt and excess kilojoules. These foods can only be sold on two occasions per term.

For more information, visit www.healthy-kids.com.au

VALUE OF WEEK 4
Respect in All Settings
Follow teacher instructions without question
Community Announcements

Found
A green kid’s mountain bike has been found by a local family. If you know of someone who has lost or has had one stolen please call the school office for more details.

Sport and Recreation’s
Swim and Survive lessons
Australian summers usually involve plenty of fun in and around the water, but no parent should forget how important it is to make sure children stay safe.

Sport and Recreation’s Swim and Survive classes for preschoolers and school-aged children help participants learn important ways to be safe and enjoy our pools, rivers, beaches and lakes.

The interative, weekly programs promote essential swimming and water safety skills and are great fun as well. This family discount makes our program affordable for all the children in the family.

Sport and Recreation runs Swim and Survive classes in pools throughout regional NSW.

Our instructors are nationally qualified and screened for their suitability to work with children.

Prices for nine lessons are $69 for school-aged children and $45 for preschoolers (plus $3 pool entry fees).

For more information or to make a booking, visit sportandrecreation.nsw.gov.au/swimandsurvive or phone 13 13 02

Grandparents Day

Year 6 Canberra Excursion

NORTH COAST VILLAGE MARKET

BALLINA PUBLIC SCHOOL  CNR CHERRY AND CRANE
SUNDAY NOV 1ST & SUNDAY DEC 6TH  8AM – 12PM

North Coast’s new monthly undercover market offers bespoke, handmade, recycled, upcycled and second hand stalls.

There’s a children’s playground, face painting, kid craft corner, live music, great coffee and delicious food.

If you are interested in having a stall, either craft, handmade or second hand items, please contact us!

www.facebook.com/ncvmarket  ncvmarket@gmail.com

Our healthy canteen

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<tr>
<th>COMMENCE</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>26 October</td>
<td>HELP NEEDED</td>
<td>HELP NEEDED</td>
<td>Brie</td>
<td>Caz</td>
<td>Michelle, Annie, Gemma, Donna</td>
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<tr>
<td>2 November</td>
<td>Sonja</td>
<td>Sandra</td>
<td>Julie</td>
<td>Caz</td>
<td>Allison, Mam, Glenda</td>
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<td>9 November</td>
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Thank you, Sue Tatum Ph: 66877141