THURSDAY 28 MAY 2015

What’s Coming Up!

Term 2

Week 6
29 May  Year 4 Final Payment Due – Brisbane/Sunshine Coast
Book Club Closes

Week 8
9 – 12 June  Year 5 Tallebudgera Excursion
9 June  P & C Meeting @ Club Lennox 6.30pm
10 June  Artsmart Program Due

Week 9
16-18 June  Yr 4 Exc Brisbane Sunshine/Coast
19 June  CWA Poster Due to Mrs Blair

Week 10
24 June  Years 3-6 School Performance
25 June  Athletics Carnival
26 June  Last Day of Term

Weekly Achievement Awards

Jasper Duverge  KC  Makai Weir  KT
Aija Harding-Francis  KJ  Joe Anderson  1CD
Millie Ledgard  1W  Sunny Berger  2N
Leura Allen  2M  Zoe Marr  3A
Dominic Duverge  3/4J  Amalia Cook  4S
Tamka King  4/5L  Sean Parry  5/6A
Indiya Ledingham  Library  Jon Downie  6R

Student of the Week

Our student of the week is an excellent role model both in the classroom and the playground. He consistently displays our three key values of respect, responsibility and integrity. He takes great pride in and always presents quality work. He is a talented sportsman who has represented our school in rugby union and cricket. His positive attitude makes him a valued peer leader and a great big brother.

Congratulations to our Vice-Captain, Lachlan Miller

Merit Students –
Kate Reka

National Simultaneous Storytime
Brothers Quibble by Aaron Blabey
From the Principal’s Desk

Kindergarten Information Evening 2016
Thank you to all of the parents/carers who came to our school on Tuesday evening for our Kindergarten Information evening, we hope you were able to get a nice snapshot of what your local public school can offer you. I would like to especially thank Kerren Kernaghan our P and C President and Chantelle Walshaw for coming to speak and offering some insights into the running of the school from a P and C and parent perspective. Thank you for the wonderful things you said about the great staff that we have here, that go out of their way to ensure your child is getting the best possible education. I would also like to thank the current Kindergarten team for attending and assisting with the evening. A great team effort!

School Uniform
As the weather is beginning to get a little cooler, particularly in the mornings, a reminder that children still need to be in correct school uniform. Jumpers should be bottle green. Football jumpers and other coloured jumpers are not part of our school uniform. Please see listed below, what your child should be wearing to school. We do ask that parents please ensure their children are coming to school in the correct uniform daily. Uniforms can be purchased from Big River in Ballina, or jumpers, shorts etc can be purchased from stores such a Big W, K Mart or Target.

Winter Uniform
UNISEX: Bottle green tracksuit pants and jumper or Bottle green polo fleece jacket with logo and bottle green vest. Shorts can be worn. GIRLS may wear green tights. Footwear / Hat
Shoes – Black closed in shoes, any material and style - to be worn Monday to Thursday. On Friday (sports day) children may wear running shoes of any colour (including black if their normal shoe is a runner).
Socks – bottle green, white or grey socks may be worn. Socks may be ankle length, or anklets (just above the shoe line). (No stripy or coloured socks please).
Hat - Green school hat to be worn every day. (These can be purchased through the canteen)

Hair/earrings
We do request that if pupils have hair longer than shoulder length that this be tied back daily. This helps to reduce the incidents of head lice within our school. If students have their ears pierced, they should be wearing earrings that are appropriate for school. That is small studs or sleepers. Longer earrings or those with sharp points are not acceptable for school, teachers may ask children to remove these for their own safety.

Weekly Awards
There appears to have been some confusion this week regarding when awards are given to children. The list and photos that are published in the newsletter each week are of the children who were presented with their awards in the previous week.

If your child brings in green cards or gold cards to their teacher throughout the week, they will be presented with their gold card or other award such as honour or merit at the Friday assembly that week. Remember green and gold cards do need to be with the teacher, by Thursday of each week. The only reason a gold card would not be presented is if there is no assembly on that Friday.

Kind Regards
Deb Langfield
Principal (relieving)

Thought for the Week
"Let us remember: one book, one pen, one child, and one teacher can change the world” Malala Yousafzai

Recognising Student Achievements

Gold Cards – Week 5
Stella Paff x 2
Sophie Gaskell
Joshua Godward
Coen Acret x 2
Ben Moyle
Micah Pullen
Ohtis Edwards
Mary-Jane Birnie
Olivia Rose
Bill Gillott
Thomas Speelman
Riley Evans
Isabelle Miller

Shay Buffery
Sally Gillott x 2
Russell Asser x 2
Dusty Gillott x 2
Oliver Scott
Marley Kreemla
Ayla Godward
Lila Patf
Oliver Bieniawski
Indianna Wittleton
Jayden-Lee Nitschke

Three Respects in Action – Dolphin Slips
Dolphin slips are given to children for demonstrating the three Key Values of Respect, Responsibility and Integrity in the playground. Draws are made each week from the Dolphin Slip box. Each child receives a canteen voucher.

Noah McIntosh
Nicah Pullen
Zeb de Plater

Congratulations on being great role models.

Teaching Respect and Responsibility
The Bear Award is given to the class that demonstrates the best listening and participation skills during the weekly assembly.

Week: 5 Class: 4S Well done

Library

Biggest Morning Tea
Thank you to all the children and parents in year 1 and 2 and other children who kindly donated delicious baked goodies for our morning tea. The students raised approx. $560 for the Cancer Council. Well done Lennox Head Public School.

CWA Competition
Please hand you projects into Mrs Blair by Friday 19 June – Italy.
National Simultaneous
National Simultaneous Storytime is an annual campaign that aims to encourage more young Australians to read and enjoy books. Every year a picture book, written and illustrated by an Australian author and illustrator is read simultaneously in libraries, schools, preschools, childcare centres, family homes, bookshops and many other places around the country. Yesterday our school participated in its 15th successful year nationally.

The children listened to and some classes completed activities based on the focus story The Brothers Quibble by Aaron Blabey, KC made some fantastic Royal Hats. Well done!!

Sports

PSSA Knockout Football
Lennox Head Public School boy’s football team played Teven Tintenbar in the 2nd round of the PSSA Knockout comp yesterday and won. They played Southern Cross in the 3rd round of the knockout also winning. The boys will now play against Byron Bay. Well done they all played very well.

The girls also played yesterday winning against Southern Cross in their round of the PSSA knockout. Their next game will be against the Brunswick district. Well done.

Touch Football
Congratulations to Keeley Johnson, Jess Harper, Brianna Watkins and Khyan Weir who are taking part in the Far North Coast Zone Trail tomorrow. Good Luck.

North Coast Cross Country
Congratulations to Nyxie Ryan and Brianna Watkins who have qualified to compete at the North Coast Cross Country at Kempsey next Friday.

Girls Netball PSSA Knockout
Our girls played Byron Bay in the first round of the Netball Knockout going down 10-7. All the girls played very well and a big to thank Miss Cupitt for all her hard work.

Our healthy canteen

<table>
<thead>
<tr>
<th>COMMENCE</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>1 June</td>
<td>Ange</td>
<td>HELP NEEDED</td>
<td>Julie</td>
<td>Caz</td>
<td>Allison, Mam</td>
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<tr>
<td>8 June</td>
<td>PUBLIC HOLIDAY</td>
<td>Sandra</td>
<td>Christie</td>
<td>Caz</td>
<td>Michelle, Annie, Gemma</td>
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<tr>
<td>15 June</td>
<td>Suzie</td>
<td>HELP NEEDED</td>
<td>Julie</td>
<td>Caz</td>
<td>Allison, Mam</td>
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Thank you, Sue Tatum  Ph: 66877141

Please see back page for current canteen price list.
## GREEN FOODS
Fill the menu. Encourage and promote these foods.
These foods:
- Are good sources of nutrients
- Contain less saturated fat and/or added sugar and/or salt
- Help to avoid an intake of excess energy (kJ)

### SANDWICHES - white or wholemeal
Add 50c for Lavash Bread
- **Salad** $4.00
  (cheese, lettuce, tomato, carrot, cucumber, beetroot, avocado, mayo)
- **Ham/Chicken/Tuna** $2.50
- **Extras**
  - Cheese - 60c  
  - Tomato - 40c  
  - Egg - 60c  
  - Avocado - 60c  
  - Lettuce - 30c
- **Ham/Chicken/Tuna with salad** $4.50
- **Cheese/Egg/Avocado** $2.00
- **Vegemite/Honey/Jam** $1.40

All sandwiches can be toasted
- Spaghetti/Baked Bean/Creamed Corn Jaffle $2.00

### SALADS
- **Small salad bowl with 1/2 egg** $3.00
  add 1 bread - 30c  
  add meat - $1
- **Salad Box/plate** $5.00
  add meat - $1.00  
  add lavash - $1

### SUSHI
- **Sushi** $3.60
  chicken/lettuce, tuna, or veg
  or 2 for $7.00

Soy Sauce $0.20

**Sushi is only available on Wednesday**

Please make sure your order is in by Tuesday

### FRUIT AND VEGES (seasonal)
- **Apple** 90c
- **Apple Twist** $1.00
  or have your own apple twisted for 10c
- **Corn Cob** 70c
- **Serve of Carrot Sticks** 40c
- **Frozen Fruit from** 10c
- **Boiled Egg** 60c

### COLD ITEMS
- **Frozen Juice Cup** 80c
- **Frozen Yoghurt** large (low fat) $1.80
  (can be ordered on lunch bag)
- **Milk** (lite - chocolate/strawberry/banana) $2.00
- **Fruit juice** (apple or orange) $2.00
- **LOL** $2.00
- **Water** $1.20

Available 2nd break only
- Ice Blocks, Mango Bars, Juice Bars, Milk Bars from 60c to $1
- Slush Puppie $2.00

## AMBER FOODS
Select carefully. Do not let these foods dominate the menu. Avoid large serving sizes. These foods:
- Have some nutritional value
- Have moderate levels of saturated fat and/or added sugar and/or salt
- Can, in large serve sizes, contribute excess energy (kJ)

### HOT FOOD (sauce 5c/item)
- **PIES** Meat $3.20
- **Party Pie** 90c
- **Sausage Roll** $2.40
- **Hot Dog ½ - $1.40 whole - $2.80**
- **Vegetarian Hot Dog** (add cheese .50c) $3.00
- **Mini Quiche** (Lorraine) $1.20
- **Ricotta & Spinach Triangle** 60c
- **BURGER Chicken/Veg/Fish/Beef** $3.50
  (lettuce, mayo, sesame seed bun)
- **Hawaiian Burger** $4.50
  (as above + cheese and pineapple)
- **Works Burger** $5.00
  (chicken/beef/veg + salad)
- **Mexicana Wrap** (lettuce/avo/cheese/tomato
crumbed chicken or refried beans with sweet chilli sauce) $4.50
- **Hot Chicken Roll with Gravy** $3.50
- **Hot Chicken Roll-up** (lavash) $3.50
  Chicken/lettuce/carrot/cheese/BBQ sauce $4.50
  Chicken/creamerned corn/cheese $4.00
  Chicken/cheese/BBQ sauce $3.50
  Chicken/BBQ sauce $3.00
- **Freshly-made Mini Pizza** $2.00
  (choose your own e.g. chicken/corn, ham/pineapple, corn/pineapple-all topped with cheese)
- **Noodles - beef/chicken/plain** $1.30
- **Chicken Crackles (7)** $3.40
- **Chicken Wedges (4)** $3.40
- **Chicken Goujons (7)** $3.40
- **Hash Brown** 60c
- **Mini Spinach & Ricotta Triangles** 60c
- **Fish Wedge** $1.30
- **Cheeseymite Scroll** $1.80

### SNACKS (all can be ordered on lunch bags)
- **JJ Chips/Jumpys** $1.00
- **Red Rock Deli chips** $1.00
- **Noodles / Hello Pandas** 70c
- **Finger Bun** $1.70
- **Pikelets (jam or butter)** 60c

**NOTE:**
**THERE IS A 10c SURCHARGE ON LUNCH BAGS**

Please ensure orders are written clearly in pen or texta and that the CORRECT PRICES are shown. Additional canteen menus are available from the canteen or office if needed. Please write orders as follows

<table>
<thead>
<tr>
<th>CHILD’S NAME:</th>
<th>CHILD’S CLASS:</th>
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<tr>
<td>ORDER:</td>
<td>PRICE:</td>
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<td>TOTAL AMOUNT ENCLOSED:</td>
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